

# Washoe County, Nevada

## ~PROCLAMATION~

**WHEREAS,** Unsafe sleep practices are one of the leading causes of death among otherwise healthy infants under the age of one in Washoe County; and

**WHEREAS,** There have been 20 infant deaths in Washoe County from Fiscal Years 2017 to 2021, due to unsafe sleep situations; and

**WHEREAS,** Babies can suffocate as a result of sleeping in an adult bed or on other dangerous sleep surfaces, such as couches, arm chairs or pillows; and

**WHEREAS,** Babies sleep safest when sleeping alone, on their back in a crib, or bassinet, with a firm mattress and a tightly fitted sheet with no other items, such as toys, pillows or blankets in the sleep area and when they are dressed appropriately so they don't overheat; and

**WHEREAS,** The Washoe County Human Services Agency Children's Services Division declares the month of October Infant Safe Sleep Awareness Month in an effort to prevent sudden infant deaths and promote safe sleep practices;

**NOW, THEREFORE,** the Washoe County Board of Commissioners does hereby proclaim, October 2021 as

### ~Infant Safe Sleep Awareness Month ~

and encourages all Washoe County caregivers, parents, grandparents, aunts, uncles, babysitters, child care providers, health care providers, and all others to practice safe sleep habits and reduce the risk of accidental infant deaths.

Dated this 19<sup>th</sup> day of October 2021.

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Bob Lucey, Chair  
Washoe County Commission