

47 – WELLNESS POLICY – NEW

DESCRIPTION:

Northern Nevada Public Health is committed to creating a culture that is supportive of staff health and wellbeing.

The intended outcome of this policy is to identify, promote, and ensure access to resources that sustain and improve the health and wellness of NNPH staff.

Northern Nevada Public Health Employee Wellness Policy

The objectives of this policy are to:

- Foster a thriving workforce.
- Maximize employee recruitment, retention, engagement, and productivity.
- Promote the physical and mental wellbeing of individual employees.
- Create an organizational climate and culture that is conducive to wellness.
- Promote Work-Life Balance through flexible policies in the workplace.

As such, Northern Nevada Public Health, in conjunction with Washoe County, provides and promotes several wellness resources including:

- Wellness screenings
- COVID-19/influenza vaccines
- Flexible hybrid schedules
- A Fitness Center
- An Employee Assistance Program
- A subscription to a mental health application (i.e., Calm)

NEW 05/23/2024

