

Roundtable on Senior Food Insecurity in Washoe County

Date: [Insert Date]

Time: 9:00 AM – 10:30 AM

Location: Washoe County Senior Center, Reno, NV]

Host Organization: Washoe County Human Services Agency / Food Bank of Northern Nevada

Agenda

9:00 – 9:10 AM | Welcome and Introductions

- Opening remarks by [Facilitator Name, Title]
- Participant introductions (name, organization, role)
- Overview of meeting goals and structure

9:10 – 9:20 AM | Presentation: Current Landscape of Senior Food Insecurity

- Data overview: Food insecurity rates and poverty among seniors in Washoe County
- Geographic and demographic trends (urban vs. rural seniors)
- Key findings from Food Bank of Northern Nevada and Area Agency on Aging reports
- Presenter: [Name], [Organization]

9:20 – 9:35 AM | Lived Experience: Senior Voices

- Short panel of 2–3 older adults sharing personal experiences accessing food
- Discussion of transportation, affordability, and dignity in food assistance
- Facilitator: [Name], [Senior Services Advocate]

9:35 – 10:00 AM | Roundtable Discussion: Barriers and Opportunities

- Guiding Questions:
 - What are the biggest barriers preventing seniors from accessing healthy food?
 - How do transportation, housing, and healthcare costs contribute?
 - What community partnerships are working — and what gaps remain?
 - How can agencies coordinate efforts to reach isolated seniors?
- Facilitator: [Name], [Position]
- Optional breakout groups: Policy Solutions, Access and Mobility, Outreach and Education.

10:00 – 10:15 AM | Action Planning and Next Steps

- Identify 3–5 actionable priorities for the next 6 months
- Assign lead organizations or working groups
- Explore grant or pilot program opportunities
- Facilitator: [Name], [Organization]

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10:15 – 10:30 AM | Closing Remarks

- Summary of key insights and commitments
- Next meeting date and follow-up process
- Appreciation to participants and partners

Supporting Materials (Optional)

- Local senior food insecurity data snapshot (Washoe County Health District, 2024)
- List of available programs: Meals on Wheels, SNAP for Seniors, senior food pantries
- Contact sheet for participants