

Overview of Sexual Health Services

Quick Glance: STIs in Washoe County

	2023	2024	2025 (YTD)
Chlamydia	2,300	2,259	1,916
Gonorrhea	607	613	559
HIV	38	51	37
Syphilis – All Stages	397	359	232
Congenital Syphilis	22	19	9

Source: Communicable Diseases Reported by Week (Last Modified 12/5/2025),
<https://www.nnph.org/files/phd/communicable-diseases/weekly/washoecounty.html>

Patient Eligibility

- Safety Net Clinic
- No residential requirement
- No referral required
- Open to anyone desiring sexual or reproductive health care
- Sliding fee scale
- Accept most insurance
- No up-front fees required to obtain services
- Confidential services available



Patient Demographics

Age Group	Percentage
<20 years old	7.9%
20-29 years old	35.1%
30-39 years old	28.5%
>40 years old	28.5%

Race/Ethnicity	Percentage
Black	7%
White	78%
More than one race	3%
Hispanic or Latino	49%

Income Level as a Percentage of the FPL*	Percentage
100% and below	16%
101% to 150%	15%
151% to 200%	26%
201% to 250%	15%
Over 250%	28%

Type of Insurance	Percentage
Public Health Insurance (Medicaid)	19.4%
Private Health Insurance	34.2%
Uninsured	46.3%

Reproductive Health Services

Birth Control Methods Available Onsite

- Condoms
- Pills – Combined and Progestin Only
- Vaginal Ring
- IUDs – Hormonal & Non hormonal
- Implants
- Depo Injection (self-administered available)
- Emergency contraception

Birth Control Methods Available by Rx or Referral

- Contraceptive Patch (Rx)
- Vasectomy (Referral)
- Tubal Ligation/Other permanent sterilization (Referral)

Other Services

- Pregnancy Testing and Options Counseling
- Basic Infertility
- Preconception Counseling

Prevention

- Cervical cancer screenings
- Breast exam and mammogram referral
- Vaccines (Tdap, Hep A&B, Tdap, HPV, Flu)

Sexual Health Services: Testing & Treatment

Test	Same Day Testing	On-Site Treatment
Chlamydia	X	X
Gonorrhea	X	X
Syphilis	X	X
HIV	X	
Trichomonas		X
Herpes Simplex Virus		X
Mycoplasma genitalium		X
Hepatitis B		
Hepatitis C		

Sexual Health Services

Pre-Exposure Prophylaxis for HIV Prevention

- Oral daily pill available onsite
- Injectable PrEP coming soon
- PrEP navigators

Post Exposure Prophylaxis for HIV Prevention

- 28-day regimen to prevent HIV replication after exposure
- Patient prioritization due to critical timeline
- Transition from PrEP to PEP

Rapid Start

- Initiation of HIV medication within 1 week of positive HIV test
- Collaborate with Population Health to link to care

Doxy-PEP

- Antibiotics taken within a certain timeframe to reduce chance of acquiring certain STIs

Vaccination

- Hepatitis A & B
- HPV
- Mpox

Partner Services

- Partner delivered therapy
- Testing/treatment for partners

Community Testing



Public Service Campaigns



Challenges

- Lack of access in community to walk-in sexual health services
- Funding uncertainty
- Vacant positions (6)
- Unknown impacts to third party insurance plans and Medicaid



Thank
you!