Nicholas von Foerster MD

Professional Experiences	Medical Director Reno Fire Department	2025 - present
	Director of EMS Northern Nevada Health System	2024 - present
	Emergency Physician Northern Nevada Medical Center / Envision University of Pittsburgh Medical Center / University of Pittsburgh Physicians	2022-present 2021-2022
	 City of Pittsburgh Medical Command and Physician Response Provided online mobile medical command for ALS calls within the City of Pittsburgh. Individually responded to specific high-acuity calls including cardiac arrest, complicated airway management, entrapment, and prolonged extrication. 	2019-2022
	Assistant Medical Director City of Pittsburgh EMS – Pittsburgh PA Southeast Regional EMS – Jefferson Hills PA Washington Ambulance and Chair – Washington PA	2021-2022 2020-2022 2019-2020
	 STAT Medevac Flight Physician / Medical Department Staff – Pittsburgh PA Provided air medical transport and management to patients with critical illness requiring higher level care Worked with multiple emergency medical systems operating in urban, suburban, and rural environments Assisted medical director team with peer review, QA/QI 	2020-2022
	 UPMC EMS Communication Center Command Physician Received consults/calls regarding in-flight medical emergencies and medical gate screenings from airlines such as Emirates, Delta, and Southwest on domestic and international flights. Received command consults from the entire STAT Medevac system Received command consults from the entire UPMC Prehospital Care ground EMS system 	2021-2022
	 UPMC EM Residency EMS Chair / Residency Liaison Supervised day to day operational and medical management of prehospital resident physician response within the City of Pittsburgh. Initiated optimization projects including checklist algorithm overhaul, medication restock process improvements, and orientation material improvement. 	2020-2021

	 Event Physician Pittsburgh Steelers vs Carolina Panthers NFL game, Heinz Field Pittsburgh Steelers vs Cincinnati Bengals NFL game, Heinz Field Pittsburgh Marathon, Pittsburgh PA University of Pittsburgh vs Delaware, Heinz Field Great Race, Point Park, Pittsburgh, PA Pittsburgh Steelers vs Miami Dolphins NFL game, Heinz Field Point Park 4th of July Fireworks, Point Park, Pittsburgh PA Great Race, Point Park, Pittsburgh PA Rolling Stones Concert, Heinz Field, Pittsburgh PA 	8/30/18 12/30/18 5/5/19 9/28/19 9/29/19 8/13/19 7/4/21 9/26/21 10/4/21
	Emergency Medical Technician – Rural Metro Ambulance – Eugene OR BLS transport unit providing 911 response in addition to scheduled transport, driving services for local NICU transport and backup transport for local HEMS agency	2013-2014
	Volunteer Emergency Medical Technician – Philomath Fire & Rescue Philomath OR Predominantly BLS 911 response with small rural fire department	2013-2014
Education	University of Pittsburgh Fellowship in Emergency Medical Services	2021-2022
	University of Pittsburgh Residency in Emergency Medicine	2018-2022
	Oregon Health and Science University - Portland OR Doctor of Medicine	2014-2018
	Wilderness Medical Institute - National Outdoor Leadership School Wilderness EMT, NREMT – Mt. Shasta CA	8/2012
	Oregon State University – Corvallis OR Bachelor of Science, Magna Cum Laude – Exercise and Sport Science Minor - Chemistry	2010-2013
	University of British Columbia – Vancouver BC Film Production, Kinesiology	2008-2010
Educational Activities	High-risk COVID-19/PAPR simulation and algorithm creation UPMC Presbyterian Helped develop a faculty and staff simulation for high-risk intubations during COVID-19 with run through of new airway algorithm and checklists for ED intubations.	Spring 2020
	"Emergency Management of Medical Devices for EM/EMS" Presenter: - UPMC Prehospital Care "Third Thursday" series - UPMC Emergency Medicine Residency 2 nd Year Lecture - EMS West Provider Update	10/17/2019 6/11/20 3/26/21

	"Bicarbonate in Metabolic Acidosis and Cardiac Arrest"	
	Residency capstone lecture – UPMC Emergency Medicine Residency	2/4/21
	Instructor – UPMC Presbyterian MCI Drill	
	Designed and ran triage drill station for our Level 1 trauma center	3/25/21
	City of Pittsburgh EMS Follow-up Coordinator	
	Interface with EMS crews to provide details on ultimate patient outcome and	2020-2021
	disposition following EMS runs.	
	Medical Student teaching and supervision	
	Teaching and supervision of 3 rd year medical students at UPMC Mercy and	2019-2020
	Presbyterian ED's, as well as POCUS workshops for preclinical students	
	EMIGcast – Student Lead	
	OHSU FOAMed Podcast	2016-2018
	Episode 42: Flight Physician / Helicopter EMS with Dr. Bill Hinckley	
	Episode 34: BET – Effect of Epi on Neuro Outcomes Following ROSC	
	Episode 33: Palliative Care	
	Episode 30: Community Paramedics	
Publications	Division of Emergency Medical Services at UPMC – First Author	
1 ublications	Prehospital Ultrasound: A Narrative Review	2021-2022
	- Narrative literature review regarding Prehospital Ultrasound	2021 2022
	implementation and training amongst prehospital personnel	
	- Prehospital Emergency Care, 2023	
	Department of Emergency Medicine at UPMC – PI: Dr. Paul Phrampus	
	A Multidisciplinary Intubation Algorithm for Suspected COVID-19 Patients	2020
	in the Emergency Department	
	- Assisted in developing a simulation and algorithm for high-risk intubations.	
	- Western Journal of Emergency Medicine, June 2020	
	Division of Emergency Medical Services at UPMC – Faculty Mentor: Christian	
	Martin-Gill MD, MPH	
	Characteristics of a prehospital medical alert system aimed to identify	2018-2019
	high-risk non-trauma, stroke, or STEMI patients	
	- Descriptive study evaluating an alert system to identify patients requiring	
	expeditious ED interventions.	
	- Poster presented by Dr. Chika Agi at NAEMSP 2019	
	Department of Emergency Medicine at Oregon Health and Science University	
	– PI: Dr. Joshua Kornegay	
	Does Accelerometer Use Lead to Higher Quality CPR for Advanced	2017
	Cardiac Life Support Providers? A Prospective Randomized Study	
	Assisted with data collection, published in Eurasian Journal of Emergency	
	Medicine (2018)	

Awards and	UPMC Emergency Medicine Residency	
Honors	Peter Savar Award For Excellence In Research	2021
	EM Ultrasound Resident of the Year	2021
Certification	American Board of Emergency Medicine - EMS	2023
and	American Board of Emergency Medicine - Emergency Medicine	2022
Licensure	Pre-Hospital Physician, EMSVO	2019
	NCRC Orientation to Cave Rescue	2021
	NAEMT - Tactical Emergency Casualty Care	2021
	PALS Provider	2020
	ATLS Provider	2018
	ACLS Provider	2018
	American Heart Association BLS, CPR, AED	2018
Professional	National Associate of EMS Physicians	

Membership