

NEVADA SENIOR SERVICES

PRESENTATION SUPPLEMENT: **Integrated Dementia Services Network**

WASHOE BOARD OF COUNTY COMMISSIONERS

13 MARCH 2018

Program	
RAMP – Home Safety Modifications Provides an experienced specialist to visit the person’s home and develop a design plan with the goal of helping the person function safely and independently in their living space. Types of modifications include: grab bars, handheld showerheads, adaptable faucets, walk-in showers, handrails for stairs, Adjustments to cabinets, ramps and widening doorways and entry	
GAP – Geriatric Assessment Program – Complete medical evaluation by a team of geriatricians, social workers, occupational therapist and nurses. The comprehensive geriatric assessment encompasses all of the client’s health concerns, disabilities, cognitive abilities, medications, self-care abilities, health related life-style habits, psychological conditions, environmental risks, and the person’s support system.	
RCI Reach – In-home caregiver support program tailored to the needs of each family. Provides evidence-based education, a focus on safety for the patient, support for the caregiver, and skills building to help caregivers manage difficult patient behaviors and decrease their own stress.	
Skills 2 Care – This program assists individuals with dementia and their caregivers to manage more effectively in the home environment. In this program a Skills 2 Care Occupational Therapist visits the home of the person with dementia to learn about care challenges and evaluate the home environment. The OT then develops and helps implement a set of strategies that are customized to address the unique needs of each individual. This is an evidenced based program.	
Memory Loss Program – Weekly group therapy for individuals experiencing early to moderate memory loss. The programs works on the physical and emotional aspects related to memory loss. Individual learn to use memory strategy techniques to assist them in everyday aspects of living. There is a care partner piece to this program also. Family/ care partner is provided strategies and resources for assisting their loved one in the home environment.	
Care Transitions – This program assists a client with the transition between hospital and home through intensive case management. The program works with the hospital staff and community providers to ensure all aspects of the individuals care needs are addressed and the care plan is implemented once the person returns home.	

Care Consultation – Caregiver phone support program provides personalized coaching to caregivers related to concerns about health, care and well being.
Aging Mastery Program – Provides education to enhance wellness in older adults.
Caring For You Caring For Me – 10 hour class-based program delivered in either 5 two hour or 2 five hour sessions including both family & professional caregivers addressing caregiving issues (ie coping with stress, managing health and behavioral issues).
Stay Strong, Stay Fit – This is an evidence-based strength training program designed for older adults. The program focuses on keeping the body and mind functioning at the highest level. Benefits include: improves balance, increases muscle strength, enhances flexibility, helps control weight, reduces stress, relieves arthritis pain, reduces risks for heart disease, reduces symptoms of depression
<p>Adult Day Health Care – Individuals participate in diverse activities throughout the day which include the following:</p> <ul style="list-style-type: none"> • Recreational programs • Cognitive, social and emotional activities • Physical movement activities • Activities to enhance the individual’s ability to perform activities of daily living. <p>Services also include psycho-social and cognitive assessments at admission and appropriate intervals.</p>