



WASHOE COUNTY

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STAFF REPORT

BOARD MEETING DATE: February 12, 2019

DATE: Wednesday, February 06, 2019
TO: Board of County Commissioners
FROM: Amber Howell, Director, Human Services Agency
775-785-5653

THROUGH: Kate Thomas, Assistant County Manager

SUBJECT: Recommendation to approve grant award from the Nevada Aging and Disability Services Division for the following Older Americans Act Title III-E Innovation Projects: Caregiver Services [\$108,909; no County match] retroactive from September 30, 2018 through September 29, 2019; as this award funds personnel, if grant funding is reduced or eliminated, the positions hours will be reduced and/or the positions abolished accordingly; authorize the Director of the Human Services Agency to execute grant award documents; and direct the Comptroller's Office to make the necessary budget amendments. (All Commission Districts)

SUMMARY

The Agency recommends the Board accept grant award from the Nevada Aging and Disability Services Division for the following Older Americans Act Title III-E Innovation Projects: Caregiver Services [\$108,909; no County match] retroactive from September 30, 2018 through September 29, 2019.

County Priority/Goal supported by this item: Safe, Secure and Healthy Communities.

PREVIOUS ACTION

None.

BACKGROUND

Retroactive approval is requested as the Human Services Agency received the Notice of Subgrant Awards from the Nevada Aging and Disability Services Division on October 11, 2018.

GRANT AWARD SUMMARY

Project/Program Name: Caregiver Services

AGENDA ITEM # _____

Scope of the Project: WCHSA will use the funding to add two programs to support caregivers of seniors with dementia.

The Caring for You, Caring for Me program originated from the Rosalynn Carter Institute for Caregiving. It is a 10-hour program conducted in five two-hour modules, that addresses the needs of family and professional caregivers by bringing them together in a relaxed setting to discuss common issues, share ideas, and gain a better understanding of each other's perspective on what it means to be a caregiver.

Washoe County Human Services Agency has also identified Skills2Care as the second program to implement to expand respite care services. The Skills2Care Program is an evidence based Occupational Therapy intervention from Thomas Jefferson University for families caring for individuals with dementia. The program is backed by research shown to decrease the frequency of behavioral occurrences, reduce functional dependence and enhance quality of life of seniors suffering from dementia and their caregivers. Caregivers benefit through the use of new and effective communication skills, strategies on managing the day-to-day activities and these new skills build the confidence of the caregiver.

An occupational therapist conducts thorough assessments of the home, the individual with dementia, caregiver and the communication between the caregiver and the individual with dementia. The last step is to provide regular intervention over a three to six month period 60 to 90 minute sessions with the caregiver to provide them the tools they will need moving forward.

Benefit to Washoe County Residents: The Caregiver Services program is intended to increase caregiver self-efficacy; decrease their desire to institutionalize their loved one; decrease caregiver depression and decrease feelings of burden.

On-Going Program Support: Sustainability will be supported through County staff as certified trainers or facilitators. Collaborative efforts will be utilized in order to assure services for the most vulnerable population including the aged 60 and over, frail, low-income, limited English speaking, people with disabilities, and all minority groups; the highest priority will be to serve individuals at risk of institutional placement. It is anticipated that through the communication and collaborative efforts the service delivery to those at imminent risk for institutional placement will be maintained and services to minority populations will be maintained within the new grant period. We project a 5% increase in minority persons served as total agency unduplicated clients during the grant period, compared to the current grant year.

Award Amount: \$108,909 (\$106,412 direct/\$2,497 indirect)

Grant Period: September 30, 2018 through September 29, 2019

Funding Source: U.S. Department of Health and Human Services

Pass Through Entity: Nevada Aging and Disability Services Division

CFDA Number: 93.052

Grant ID Number: 16-000-45-EX-19

Match Amount and Type: N/A

Sub-Awards and Contracts: Washoe County HSA procure services for an occupational therapist. Procurement activities will comply with the established Washoe County Procurement Policy, Grants Manual and with 2 CFR 200.

FISCAL IMPACT

There is \$2,497 in indirect revenue in this award. A budget amendment is not necessary for the indirect revenue.

Should the board accept this grant award and approve these amendments, the Human Services Agency’s FY19 adopted budget will be amended as follows:

<u>Account Number</u>		<u>Description</u>	<u>Amount of Increase/(Decrease)</u>
IO 11550	-431100	Federal Program Income	\$ 106,412.00
		Total Revenue	\$ 106,412.00
IO 11550	-701412	Salary Adjustment	\$ 14,983.00
	-705360	Fringe Adjustment	\$ 9,989.00
	-711210	Travel	\$ 1,440.00
	-710100	Professional Services	\$ 80,000.00
		Total Expenditures	\$ 106,412.00

RECOMMENDATION

It is recommended that the Board of County Commissioners approve the grant award from the Nevada Aging and Disability Services Division from the Nevada Aging and Disability Services Division for the following Older Americans Act Title III-E Innovation Projects: Caregiver Services [\$108,909] retroactive from September 30, 2018 through September 29, 2019; as this award funds personnel, if grant funding is reduced or eliminated, the positions hours will be reduced and/or the positions abolished accordingly; authorize the Director of the Human Services Agency to execute grant award documents; and direct the Comptroller’s Office to make the necessary budget amendments.

POSSIBLE MOTION

Should the Board agree with staff’s recommendation, a possible motion would be: “Move to approve the grant award from the Nevada Aging and Disability Services Division from the Nevada Aging and Disability Services Division for the following Older Americans Act Title III-E Innovation Projects: Caregiver Services [\$108,909] retroactive from September 30, 2018 through September 29, 2019; as this award funds personnel, if grant funding is reduced or eliminated, the positions hours will be reduced and/or the positions abolished accordingly; authorize the Director of the Human Services Agency to execute

grant award documents; and direct the Comptroller's Office to make the necessary budget amendments."