

# Washoe County, Nevada

## ~PROCLAMATION~

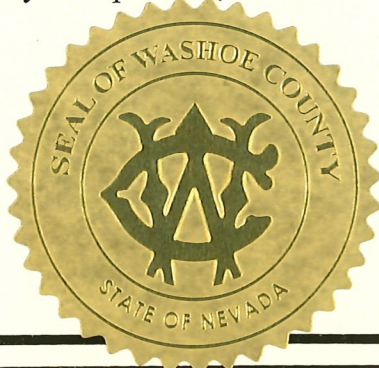
- WHEREAS,** Sudden Unexpected Infant Death (SUID) is the leading cause of death among otherwise healthy infants under the age of one in Washoe County; and
- WHEREAS,** There have been 19 infant deaths in Washoe County since 2014, due to unsafe sleep situations; and
- WHEREAS,** Babies can suffocate as a result of sleeping in an adult bed or on other dangerous sleep surfaces, such as couches, arm chairs or pillows; and
- WHEREAS,** Babies sleep safest when sleeping alone, on their back in a crib, or bassinet with a firm mattress and a tightly fitted sheet with no other items, such as toys, pillows or blankets, in the sleep area and when they are dressed appropriately so they don't overheat; and
- WHEREAS,** During the month of October, which is SUID Awareness Month, the Washoe County Human Services Agency Children's Services Division is joining the national effort to raise awareness about the risk of unsafe sleep environments and promoting the Safe to Sleep campaign;

**NOW, THEREFORE,** the Washoe County Board of Commissioners does hereby proclaim October 2018 as

### ~ Sudden Unexpected Infant Death Awareness Month ~

and encourages all Washoe County caregivers, parents, grandparents, aunts, uncles, babysitters, child care providers, health care providers, and others to practice safe sleep habits and reduce the risk of SUID and other sleep-related causes of infant death.

Dated this 18<sup>th</sup> day of September, 2018.



*Marsha Berkbigler*  
Marsha Berkbigler, Chair  
Washoe County Commission